

Dining Room Menu: WEEK 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Entrees:	Pot Roast w/Potatoes & Carrots	Beef Tips w/ Brown Gravy	Taco Salad In a Bowl W/Meat	Salmon Croquettes	Fried Chicken	Fried Whole Catfish w/ Hushpuppies	Dipped Drummettes (BBQ, Teryaki, Hot)
	Oven Fried Chicken	Baked Chicken w/ Sauteed Onions & Peppers	Flank Steak Mashed Potatoes	Teriyaki Drummetts	BBQ Pulled Pork	Hamburger Steak	
Sides:	Sweet Potato Cass	Roasted Diced Potatoes, and Baked Carrots	Seasoned Beef, Chicken Fajita w/ Roasted	Fried Chicken Livers	Collard Greens	Baked Beans	Mashed Potatoes
	Green Beans Gravy	White Rice	Broccoli Spears Mexican Rice	Green Beans Buttered Okra	Okra & Tomatoes	Italian Green Beans	Whole Kernal Corn
	Cornbread Dressing	Green Beans Cabbage	Included: all the trimmings No Enchalida	Rice and Gravy	Field Peas	Turnip Greens	Blackeye Peas
			Egg Plant Casserole	Day Shift- Creamed Spinach Night Shift- Fried Green Beans		Mac & Cheese	
Soups:	Crawfish Etouffee		TBA	TBA			
Healthy Choice:		Shrimp Scampi	Stuffed Bell pepper Spaghetti W/Sauce	Pot Roast w/Potatoes, Carrots & Gravy	Salsbury Steak w/ Rice	Chicken Lasagna	
		Brown Rice			Sweet Potato Casserole	Seasoned Green Beans w/ Dash	

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