

How to Make a Face Mask with Filter Pocket and Adjustable Wire

SUPPLIES

1 Piece of fabric, size 26 cm x 37 cm (10 in. x 14.6 in.)

You'll need : 1 x fabric size 26 cm x 37 cm (10" x 14.6")



Twist wire or pipe cleaner approximately 4 inches (10 cm)

Twist wire 10 cm (4") long



2 elastics

2 x elastic (length suit your needs)



Sewing machine

Quilt clips or pins

Scissors

Iron

Ruler

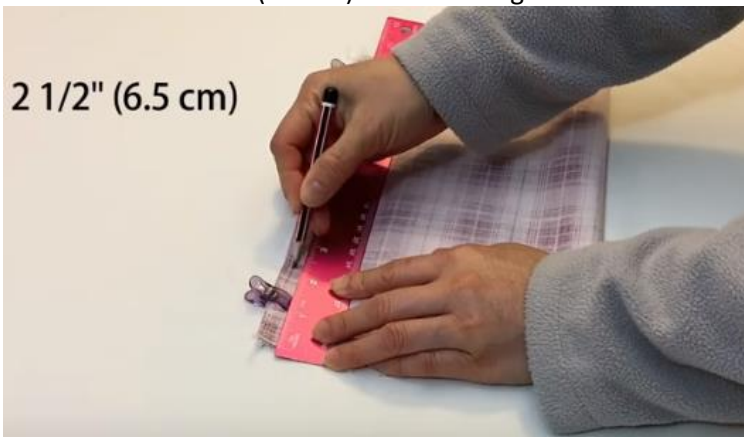
Water-soluble ink pen or tailor's chalk

1. Serge or zigzag both short edges of the fabric

Serge or zigzag both sides



2. Fold fabric in half, with the back side of the fabric on the outside. Secure the fabric together, then mark off 2 ½ in. (6.5 cm) from side edge



3. Stitch from the edge of fabric to the first mark. Then stitch from the second mark to the other edge. This should leave an opening in the center of your fabric.



4. Lay the fabric piece flat with the opening on the top. Iron the 2 edges flat.



5. Mark the opposite side of the fabric (on the fold), line up the seam with the center marks, and secure.



6. Measure $1\frac{3}{4}$ inc. (4.5 cm) from both sides of all corners, then draw a line connecting the marks between corners.

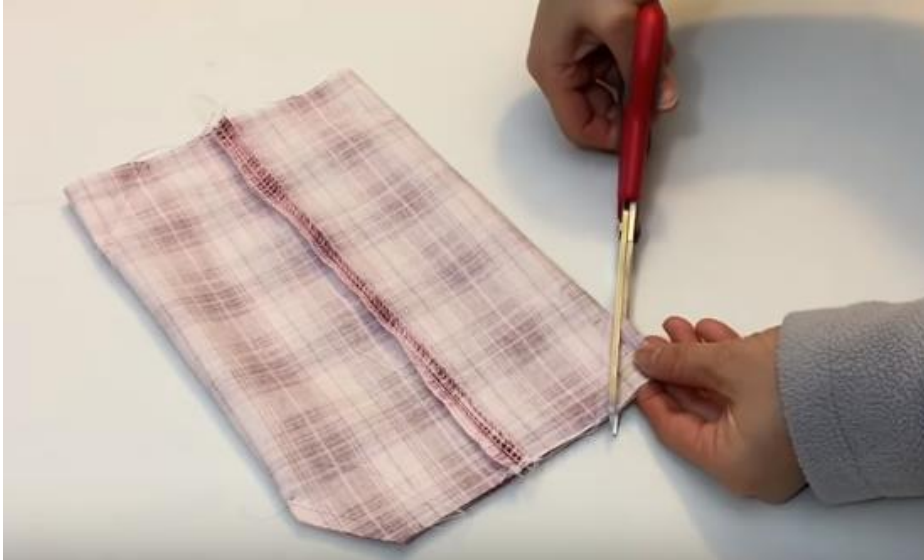


7. Stitch all four corners along the lines you marked.

Stitch all 4 corners



8. Cut off extra fabric on corners.



9. Flip the fabric right side out. Leave the hole in the center facing up. Lay flat and iron.



10. Insert the wire tie or pipe cleaner into the small pocket you made. Stitch along the top and bottom sides.

Add wire



Topstitch



Topstitch



11. You should have an opening on both sides of the mask and one in the center. You can now mold the wire around the nose.



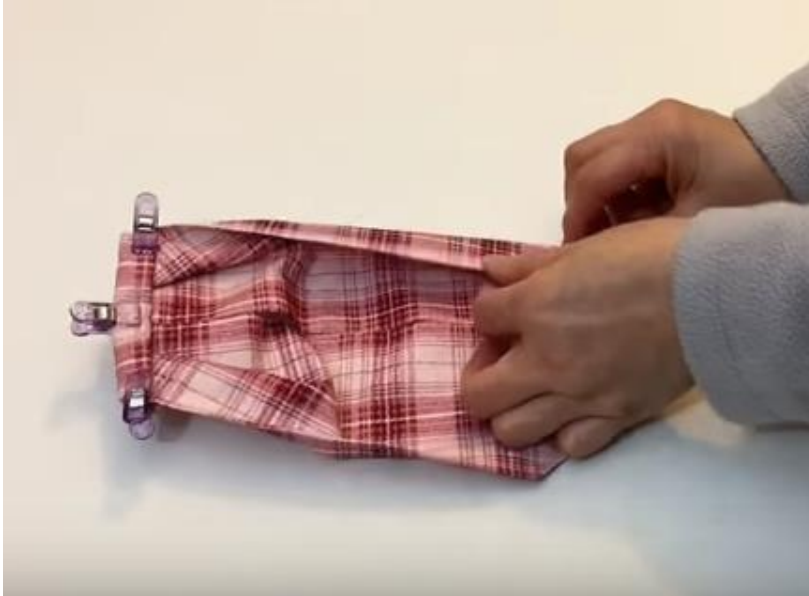
12. Fold up the bottom half, then fold the top half down to overlap. Carefully iron flat.



13. Fold the inside (shorter) corner back and secure to the top edge. Repeat on opposite side.



14. Fold the side edge down twice and secure. Repeat this process on the other end.





15. Stitch along the folds to secure, leaving a hole to insert the elastic.

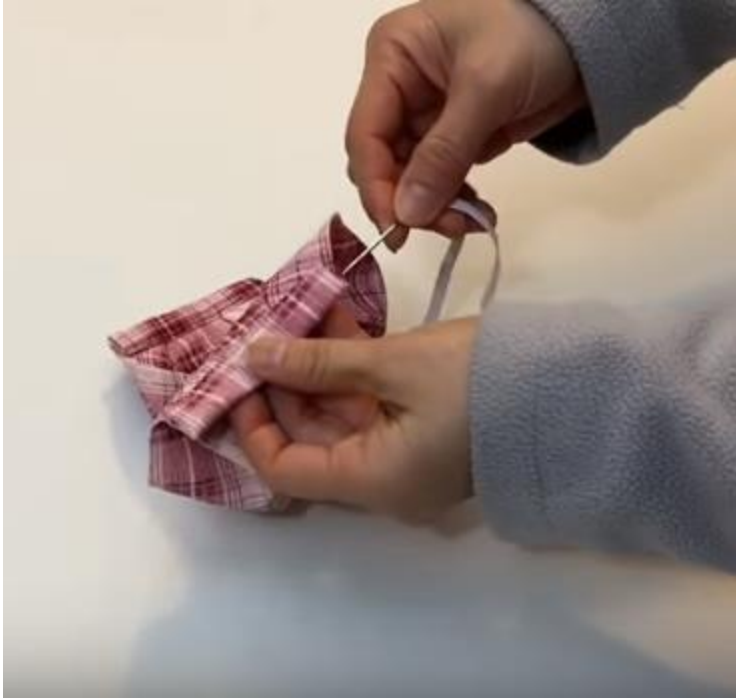
Stitch



16. Your mask should now look like this:



17. Insert elastic through the hole you just created. (Tip: Attach a safety pin or quilting needle to one end of the elastic so you can easily push it through the hole.)



18. Tie or stitch the ends of the elastic together so it makes a ring. Repeat this on the other side.



Your mask is now complete.



If you cannot find elastic, follow these instructions to make surgical mask ties:

If you do not have a Serger machine

Cut 2 2-inch stripes 35" long.

Fold in half and iron

Unfold and fold each side to the middle and iron

Then you will fold it again to the middle to get the strip.

If you have a Serger machine

Cut 2- 1inch stripes

Fold and sew together